

## *CSPA AGM, March 7, 2020*

### **Competition Development Coach Sub-committee Report**

In February 2019, a third Competition Development Coach training course was run. The course was held in Montreal and had three enthusiastic and highly qualified candidates. One of the candidates was a young indoor skydiving competitor, which raised some interesting questions about CSPA's opportunities to expand our application of the LTAD (Long Term Athlete Development) model. The course was also attended by Wayne Parro, CSPA's representative with the Coaching Association of Canada.

It does take time to get a new program "off the ground" but the CompDev committee will continue efforts to keep things moving forward in 2020. One of the drivers for this training is to build CSPA's competitive coaching capacity and structure in anticipation of future Sport Canada funding opportunities.

Thank you to the committee members – Doreen West-Gemmell, Monique Andrie, John McCarthy and Lee Bibby for serving on the committee. It would be helpful to have other disciplines represented on the committee, so if interested please get in touch.